Δελτίον της Χριστιανικής Αρχαιολογικής Εταιρείας

Τομ. 17, 1994

Τμήμα επιστυλίου από τη Μονή του Σινά με σκηνές από τη ζωή της Παναγίας

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http://dx.doi.org/10.12681/dchae.1113

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To cite this article:

Section of an Iconostasis Beam from the Monastery of Mount Sinai with Scenes from the Life of the Virgin

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ΑΘΗΝΑ 1994
SECTION OF AN ICONOSTASIS BEAM FROM THE MONASTERY OF MOUNT SINAI WITH SCENES FROM THE LIFE OF THE VIRGIN*

Mary Aspra-Vardavakis

It is common knowledge that the Collection of the Monastery of St. Catherine on Mt. Sinai includes an exceptionally large number of icons from the 6th to the 18th century. The icon under study here, is one of those post-Byzantine icons which can be dated by stylistic criteria to the 15th century, and constitutes part of an iconostasis beam.

The standard repertoire reserved for these beams from the 12th century onwards includes the Twelve Feasts of the Orthodox Church (the so-called Dodecaorton) which are presented below painted or relief arches. Depending on the beam’s size, the repertoire could be enriched with other scenes from the Life of Christ or the Virgin, while the centre is taken up by a Deesis. Of the iconostasis beams preserved in the Sinai Monastery, some are complete, while only sections of others have survived. They date from the 12th to the 15th century.

The iconostasis beam that concerns us here, is unpublished. It is the only one which includes scenes from the Life of the Virgin1, but unfortunately it is not complete. The only extant section measures 73 cm long, and 34.2 cm in height. The width of the board is 3.5 cm and the thickness of the board 2.7 cm. The epistyle is divided by four scenes from the Life of the Virgin (Fig. 1). Jointly depicted in the compartment to the left are the Annunciation of the birth of the Virgin to Anne and the Annunciation to Joachim. The Birth of the Virgin takes up the middle compartment and the scene to the right is that of the Seven First Steps of the Virgin. The condition in which the iconostasis beam has been preserved is very good, except for a sinuous crack running through its centre lengthwise, whose sides are held together at the back by a piece of hessian soaked in glue. Minor interventions in black paint can be seen here and there, especially in the hair of St. Joachim, of the shepherd, of the Virgin Mary, on the headdress and the shoes of St. Anne in the scenes of the Birth of the Virgin and of the Seven First Steps respectively.

The Annunciation to St. Anne and to St. Joachim

The protagonists of the two episodes are depicted standing in a rocky setting, surrounded by trees in bloom2. On the left, St. Anne stands in prayer, accepting the message of the flying angel. She wears a cypress-green chiton and a red maphorion. The angel, who is depicted up to the thighs, wears a blue-green chiton, a crimson himation, and the outside surface of his wings are painted black, while the inside is red. The outline of the haloes is engraved; on St. Anne’s somewhat clumsy attempt has been made to draw a second outline. The inscription reads: AANA I POCEYXOENH (sic) (Fig. 1). From an iconographical point of view, the Annunciation to St. Anne fails to comply with tradition3. The main elements of the scene, namely Anne’s house, the garden with the spring, the trees and the birds, have been replaced here by a rocky landscape essentially associated with St. Joachim’s stay on the mountain, in the narration of the Pseudo-Matthew (III.1), since the Protevangelium refers to Joachim setting up his tent in the desert (I.4).

St. Anne is also depicted against the background of a rocky landscape in the corresponding scene on the right panel of a triptych in the Monastery of Mount Sinai of the Hodegetria Aristeroskratoussa, which portrays scenes

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2. This has been done in low relief. The iconostasis beams from the Monastery of Mount Sinai we have been familiar with up to date have painted arches, while those from the Athos monasteries are in relief. See, Sotiriou, Icons, II, p. 377, n. 1; M. Chatzidakis, Eikones tis apostolikis apo to "Agion Odos. AXAE A', A' (1964-65), p. 380.
3. The depiction of the two episodes in one representation is often found in monumental painting from the end of the 13th century and thereafter. M. Aspra-Vardavakis, Oi tovografies tis Pana- ynia Monographies en epoches Milles Louvrou Kritesis, Diafys E' (1991), p. 215, where examples can be seen.

* I wish to extend my thanks to His Beatitude the Archbishop Damianos and the members of the Holy Synaxis of the Monastery of St. Catherine for giving me the permission to publish the icons and for the photographic material.

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Fig. 1. Sinai. Monastery of St. Catherine. Fragment of an iconostasis beam with scenes from the Life of the Virgin.

from the Virgin’s life and has been dated to the early 13th century\(^3\) (Fig. 2). The icon is known in the Monastery as the “Bematarissa”, due to its position on the bema of the katholikon, behind the Holy Altar\(^6\). In the same painting can be seen the representational prototype of St. Anne, as is shown by the typological similarity of her face and the arrangement of her maphorion, which reveals a large portion of her headdress.

Next to St. Anne, and inside a hut made of the branches of a bush in bloom, St. Joachim is seated, and the inscription reads: ἸΩΑΚΗΜ ΕΝ ΤΗ ΚΗΝΗ (Joachim in the tent). He is dressed in a rose-coloured himation with golden yellow ochre highlights and is encircled by a golden halo. He is resting his head on his left hand and seems to be listening intently to the words of the youthful figure portrayed opposite him in a dancing position — he is standing on tiptoe. The young man is wearing a short crimson chiton, red stockings, a hat and is carrying a black staff. He has the appearance of a shepherd, but his right hand is lifted in blessing (Fig. 1). This detail indicates that he is most probably meant to be the angel who, in accordance with the narration of the Pseudo-Matthew (III.1-2), appeared to Joachim in the form of a young man, asking him why he did not return to his wife. After Joachim tried to offer excuses, he revealed himself as the angel of God and announced that Anne had conceived a child\(^7\).

A second flying angel is portrayed above right. His chiton is blue-green, his himation rose-coloured and his wings are black and grey on the inside. His figure, however, does not seem to be linked to that of St. Joachim, but to that of St. Anne, judging by his gaze which is directed towards her. Here, besides the Annunciation to St. Anne and to St. Joachim, we probably have the announcement of the return of St. Joachim to St. Anne, always according to the Pseudo-Matthew (III).
The Birth of the Virgin

On the left, in a cypress-green chiton and a red maphorion, St. Anne is portrayed sitting up in a particularly wide bed covered with an embroidered bedspread. The bed dominates the elevated area of her luxurious home. She seems lost in thought, indifferent to the presence of the two young women offering gifts. The first woman, dressed in a deep crimson chiton and an ivory-coloured mantle, is offering a precious pyxis as a gift to the woman in childbed. The second woman, holding the same kind of gift in her hands, appears on the balcony of the building on the right, behind the dividing wall. She is wearing an ivory-coloured chiton and a red mantle. Lower down, on the first level of the scene, is depicted the baby's bath. Further to the right, a fountain with a water-spout embellishes the complex architectural decoration of the representation. The inscription reads: Η ΓΕΝΗΣΙΤΗ ΑΓΙΑΝΑΣ (sic) (Fig. 1).

The scene is in accordance with the iconographical tradition of the 11th and 12th centuries, while the painter seems to have combined elements from various older icons in the Monastery. Anne’s pose and the morphology and fittings of the bed find an echo in two unpublished Sinai icons which, on stylistic grounds, can be dated to the second half of the 13th century (Figs 3, 4, 5, and 6). The same may be said of the servant-girl, pouring water from a pitcher into the basin for the Virgin’s bath, and to the midwife whose garment and headdress have been differentiated. The young woman offering Anne gifts in a metal vase, and the pronounced architectural background, resemble a similar depiction on the well-known iconostasis beam with two scenes from the Life of the Virgin together with the Dodecaorton, installed in the last quarter of the 12th century (Fig. 7). Similarities can also be observed between the two scenes with respect to the organization of space despite the morphological differences in the buildings. We
should note the dividing wall with the cornice, behind which the young women appear, the wall in the background between the two buildings, as well as the important role in linking the whole arrangement played by St. Anne’s lavishly decorated bed.

The Virgin at her bath, wearing undergarments only round the waist, constitutes a hapax but the fountain with the cone-like water-spout, together with the absence of a baldachin, is found in the corresponding scene on both Crusader icons (Figs 4, 6). The presence of a fountain, inside a house, should not be seen as mirroring aristocratic living conditions in the East, but as being of symbolic significance. In the East, the pinecone, since very ancient times, was considered a fertility symbol, especially in the cults of Mithras and Attis, and this symbolism seems to have been retained in the Christian period. Consequently, the presence of the covered fountain with the cone-like water-spout serves to stress the fertility of the aged Anne. A spring with a similar water-spout is often included in the Annunciation to Anne, as in Daphni, for example, while worth noting also is the cone-shaped ornamentation on the bedspread of the Holy Virgin in the scene of the Birth of the Virgin in the same church.

The Seven First Steps of the Virgin

On the first level of the scene and in the centre, the young Virgin advances, arms outstretched, towards her mother, who, seated on a gold-inlaid stool on the left, is ready to catch her up. The Virgin is dressed in a cypress-green robe with golden-yellow ochre highlights and a red maphorion. On the right, a young maiden follows the Virgin’s steps, her arms outstretched protectively. She is wearing a rose-coloured robe with golden-yellow ochre glints.

On the second level of the composition, to the left, rises a tall and narrow building. There is a fountain in the centre, with a water-spout, a cistern and, linked to it, a stone-table supported by low arches. To the right is a climbing vine, while a wall built in opus isodomum limits the space (Fig. 1). Some of these elements, i.e. the house, the fountain in conjunction with the water cistern, trees instead of the climbing vine, are known to us from the scene of the Annunciation to St. Anne and are associated with the “paradise” of her house (Protev. II. 4).

The scene, follows tradition in terms of the number of figures, but the environment in which these figures are moving is unusual in its iconography. Of course, the high social standing of the Virgin’s parents justifies the luxurious house with its pleasant surroundings, but noteworthy here, is the emphasis in the depiction of all these architectural elements and that of the grape-vine. It is a fact that one cannot rule out the existence of hidden symbolisms. These elements clearly indicate that, other things aside, a mystical relationship between the two main protagonists in the scene, is concealed, to which a clearer explanation can be found in poetic texts related to the Virgin; or, they may reflect the influence of other literary sources, such as the “ekphrasis”. Thus, the impressive fountain with the cistern, from which no
water is welling, in conjunction with the garden, refer us to the corresponding verse from the Song of Songs: "A garden close-locked is my sister, my spouse; a spring shut up, a fountain sealed" (4.12), descriptions which symbolize the chastity of the Holy Virgin. In the Akathistos hymn, both the source of water and the vine belong to the many metaphors and laudatory epithets by which the Virgin is hailed. On the other hand, in the "ekphrasis" of Theodoros Hyrtakinos (14th cen-

11. This, however, supports the theory of the monastic origin of the work.
12. For Christians the pine cone symbolizes the conception through the Holy Spirit and is related to the person of Christ. See, in relation to this, J. Strzygowski, Der Pinienzapfen als Wasserspeier, RM 18 (1903), p. 198.
13. Millet, Daphni, pl. XIX.1.
14. Ibid., pl. XVIII.
15. Χαίρε ἀμπελός αληθινή, τον βότρυν τον πέπειρον ή γεωργήσα. Χαίρε βλαστοῦ αμάραντον κλήμα (Hail vine of the imperishable shoot). Χαίρε τοῦ ζώντος ύδατος πηγή ακένωτος Δέσποινα. Χαίρε
tury) on the “paradise” of Saint Anne using a painting for a model, much emphasis is also placed on the element of the fountain, which stands in the centre of the garden, as well as on its elaborate ornamentation, while the colour of the precious materials of its various component parts is also mentioned: green for the basin, blue for the water-spout and crimson for its cone. There is also a garden and a multitude of trees, among which there are also vineyards. Statues, artificial birds and others, chirruping and singing, as well as rare flowers, complement the scene of this marvellous “paradise”.

In the scene of the iconostasis beam which we are examining, the fountain which dominates the centre of the composition is also green, while the water-cistern is crimson — we must note the decoration on its lip — as is the stone-table supported on arches, with its elaborate relief decoration, and the garden wall with the square niches in its upper part.

The iconographic model for the seated figure of Anne is

drawn from the scene of the Caresses of the Virgin, on the right panel of the triptych of the Hodegetria and the scenes of her Life (Fig. 2), while the model for the servant-girl tending the Virgin could be a figure similar to that of Salome from the Nativity in the above-mentioned iconostasis beam with the two-scenes from the Life of the Virgin together with the Dodecaorton (Fig. 8). The small figure of the Virgin with her very short

ζύλον εὐσκόφυλλον, ἵνα σκέπονται πολλοί (Hail, tree well covered with shading leaves, under whom many are sheltered) and the Theotokion: Ὑμεῖς ἰμικοὶ δυσπλοὶ ἡγήθησας ἡμᾶς τὸν βότρυν τῶν σπειρῶν... See C. A. Trypanis, Fourteen Early Byzantine Cantica, WByzSt V (1968), p. 31, 35; Τριώδιον, Athens, p. 324, 329, 342.


hair and without the traditional maphorion constitutes an innovation. There is a considerable likeness here with her figure in the mosaic of the Presentation of the Virgin to the Temple, in Daphni. Although the Virgin wears a maphorion, this does not hide the tender, childish face framed by the short hair.

The painting was executed on canvas. The luxurious impression evoked by the work can be attributed to the excellent quality of the gold ground, to the wood sculpture and to the manner in which the chrysography technique has been employed (for example, in the furniture, the fittings of Anne’s bed, the vases with the offerings of the young women, and the basin with the Virgin’s bath), as well as to the handling of the colours. The figures are tall and elegant, with small heads, closer to the classical conception of bodily proportion and reproduction of drapery. The figures also bear an organic relationship to the space in which they move. These elements place the work in general lines within the framework of a rather Pseudo-Palaeologan art. Moreover the rendering of the facial types — the fleshiness of the face in conjunction with the small eyes, the long nose and small mouth — and their realistic character, conform to a date around the second half of the 15th century.

The brief iconographical analysis above, highlights to a great extent, the influence which other icons in the monastery exerted on the painter of the iconostasis beam. This fact may help determine a possible provenance for our icon, namely within the Monastery of Sinai itself. Despite the fact, that we know of the existence of a local workshop in the second half of the 15th century, extant evidence is insufficient, to allow us to arrive at more specific conclusions on the work of interest to us here. On the other hand, examination of the technique used on the iconostasis beam may provide us with some useful information.

The chromatic tones used for the flesh are a warm ochre with red, used to mould inner surfaces and olive shades are restricted for the extremities of the face. White highlights are diffused, rendering a great sense of plasticity. The free brushstrokes create quite a painterly result without any linear emphasis being given to the contours. The hair is modulated with brushstrokes in dark and light brown. Generally speaking, the execution is fine, only very slightly calligraphic, and the figures have a warm and most intimate expression. This technique is the same as that encountered in the wall-paintings of the small chapel in the north wall of the monastery which, by virtue of their small size, were executed with the finesse and care characteristic of portable works.

Another similarity is that between the rendering of the somewhat flaccid hands, the expressionless calm, due to the soft and tranquil moulding of the features and perhaps the limpness of the drapery. On the other hand, there is a difference in the physiognomical types.

Comparison of these figures with their iconographical prototypes highlights common points of reference in the shape of the face, the poses and gestures, the details of dress, and in many cases in the fidelity of the colours. St. Anne, for instance, in the scene of the Annunciation on the iconostasis beam, compared to her figure in the corresponding scene of the triptych with the Virgin Hodegetria, though differing in analogies, retains the same broad, angular face supported by a slender neck, the same expression and character, the summary rendering of the drapery, the ornamental function of the lights in the chiton, as well as the quality of the colours (Fig. 2). Similar remarks could be made regarding her representation in the scenes of the Nativity and the Seven First Steps of the iconostasis beam, and in those of the Nativity and the Caresses of the Virgin in the Crusader icons and the triptych, correspondingly (Figs 4, 6, and 2).

Also instructive are the comparisons between the young woman bringing an offering to the woman in childbed, in the scene of the Birth of the Virgin, and that of the...
The rocks function as fragmented blocks, piled together detailed rendering of an almost naturalistic landscape in the three compositions present a special interest as re-

from works of the metropolitan art of the 14th and 15th centuries, such as, for example, that of the Monastery of Mount Sinai.

SECTION OF AN ICONOSTASIS BEAM FROM THE MONASTERY OF MOUNT SINAI

young woman in the analogous representation of the iconostasis beam, from the end of the 12th century (Fig. 7) as well as between the servant-girl following the steps of the Virgin in the scene of the Seven First Steps and of Salome in the earlier iconostasis beam (Fig. 8). In both these cases, despite certain differences, the painter has retained the studied pose, the aristocratic appearance and the refinement of the character of the figures, determinative elements of their capital city prototype. The drapery is rendered in deep tones of the base colour and tones of warm and light ochre, used to highlight protrusions. As regards the use of light, the painter at every stage influenced by his model, but his results are often quite different from the original as is evident from, for example, a comparison between the scenes of Anne in the First Steps of the Virgin on the beam, and the Caresses of the Virgin, on the triptych panel, in the scenes of her Annunciation, on both works, or in the Birth of the Virgin on the beam and in the two Crusader icons. The light in the figures of the epistyle has an organic function in that it highlights the form of the body covered by clothing, as in the figures of Joachim in the first panel (Fig. 1) and of Anne and the servant-girl in the third, a trend which is reminiscent of older works from the 11th and 12th centuries. By this technique, clothes adhere softly to the body, as though they were "wet", following the figure's movement and enhancing its plasticity. The chromatic scale is not rich, but its tones are luminous. We must note the artist's care in alternating colours, particularly red and green for the clothing and the architectural elements, and gold for the background.

The three compositions present a special interest as regards their structure. The main theme is emphasized by its positioning in the first level, as well as through the scale of the figures, while no emphasis is placed on the central axis. Extreme care has been taken to achieve a detailed rendering of an almost naturalistic landscape in the scene of the Annunciation to Anne and Joachim (Fig. 1), which conveys springtime atmosphere with the blossoming trees and branches of Joachim's hut.

The rocks function as fragmented blocks, piled together to frame the shape of the leafy hut in front of them; what contributes to their realistic appearance is the fact that their granite surfaces catch different intensities of light depending on the time of the day. The impression of relief is achieved by the marked contrasts in light and shade and by the projection of their lighter sides in front of the shadowy surfaces of the rocks further back. This sensitivity in the rendering of landscape is known to us from works of the metropolitan art of the 14th and 15th centuries, such as, for example, that of the Monastery of the Hora in Constantinople (Kariye Djami) and of the Pantanassa at Mystras22. However, the shading and the soft line give the icon a more painterly style and echo techniques which pertain to western works of art.

The aspiration to achieve complexity, which is particularly obvious in the scene of the Birth of the Virgin, is diminished in importance by the organization of the form and the architectural elements in the upper and lower part of the composition in alignment. Thus, the central axis is dispensed with, and three verticals are...
created through the figures of St. Anne's bed and of Salome, roughly in the centre, and that of the porch and the fountain, to the right. The dark purple colour on almost all the surfaces of the interior of St. Anne's house, that is on the raised platform on which her bed stands, on the surface of the wall behind the fountain, the porch and the wall between the buildings, combined with the golden background, lends a particular weight and solemnity to the scene. Did the artist perhaps wish to present the Virgin as “born to the purple”? An initial attempt at perspective, in the arrangement of the buildings and the furniture, as well as the impression of a specific source of light coming from the right, as we gather from the lighting of the apertures, are clear evidence of an endeavour to emphasize the third dimension.

There are, however, also cases where the artist appears not to understand the principles of the conventional perspective, if we go by the rendering of the fountain complex in the scene of the Virgin's Seven Steps. It is clear that there is no organic link between its elements, since the fountain and the water-cistern are in fact outside the baldachin which supposedly should cover them²³ (Fig. 1). As a result of the clumsiness in the drawing of the stone-table, the row of the arches which support it projects into the first level of the composition, its lines becoming enmeshed with those of the figures. Here, neither, is there the device of the central axis, which would have brought into prominence the most important figure of the scene. The illusion of depth is created by the slant given to the building in the background, to the stool and to the figure of the seated St. Anne on the left, of the servant-girl on the right, as well as by the difference in height of the architectural elements in the centre of the scene — stone-table, water-cistern, fountain. The artist attempted to correct the anomaly created by St. Anne's foot-rest, which is relatively large and rendered frontally by adding considerable comb-shaped chrysography on the one side; the same does also for St. Anne's stool. The grape-vine, on the other hand, is a realistic element which gives life to the composition, converting it into a scene from everyday life.

The painter’s pronounced eclecticism together with the limited number of works, that have till now been attributed to the Sinaic workshop, make us hesitate in attributing this particular iconostasis beam to it. Doubts also exist as to the national origins of the painter. Some of the iconographic details based on the text of Pseudo-Matthew, the misspellings and especially the strange syllabication of the inscriptions give rise to questions. We can with some certainty affirm, however, that the beam was painted at Sinai in the second half of the 15th century, probably by an itinerant painter, and that it was meant for one of the chapels dedicated to the Virgin.

²³. See also the fountain in the scene of the Virgin's Birth (Fig. 4).