

## TRACE ELEMENT CONTENT AND MORPHOLOGICAL CHARACTERISTICS IN MICROSCALE OF COMMERCIALY AVAILABLE CLAYS USED AS COSMETIC PRODUCTS

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### Abstract

Two kinds of clays (one white and one green) available in pharmacies and herbalist's shops in the Greek market have been studied for their concentrations in trace elements, namely As, Be, Cd, Cr, Hg, Ni, P, Pb, Sb, Se, Te, Tl and Zr. According to EC Regulation 1223/2009, the presence of the analyzed trace elements and their compounds, are prohibited in cosmetics. The most abundant trace elements of the white clay are P (330 ppm), Pb (220 ppm) and Zr (11 ppm), while for the green clay are P (1250 ppm), As (43 ppm), Cr (31 ppm), Pb (30 ppm) and Ni (23 ppm). Compared to the global shale average concentration of elements, Pb is enriched 11-times in the white clay and As is enriched 3-times in the green clay. The depleted trace elements of the white clay are As, Cd, Cr, Hg, Ni, P, Sb, Se, Te, Tl and Zr, while of the green one are Cr, Hg, Ni, Sb, Te, Tl and Zr. Concerning the morphological characteristics, differences were observed in the particle size and shape between the white and green clay aggregates.

**Key words:** Industrial minerals, Microporous natural raw materials, Inorganic contaminants.

### Περίληψη

Δύο είδη αργίλων (λευκή και πράσινη) που διατίθενται σε φαρμακεία και ειδικά καταστήματα στην Ελληνική αγορά, μελετήθηκαν για τις συγκεντρώσεις τους σε ιχνοστοιχεία, ειδικότερα σε As, Be, Cd, Cr, Hg, Ni, P, Pb, Sb, Se, Te, Tl και Zr. Σύμφωνα με τον Κανονισμό 1223/2009 της Ευρωπαϊκής Επιτροπής, η παρουσία των αναλυθέντων ιχνοστοιχείων και των ενώσεών τους, απαγορεύεται στα καλλυντικά. Τα ιχνοστοιχεία με τις υψηλότερες συγκεντρώσεις στη λευκή άργιλο είναι P (330 ppm), Pb (220 ppm) και Zr (11 ppm), ενώ στην πράσινη άργιλο είναι P (1250 ppm), As (43 ppm), Cr (31 ppm), Pb (30 ppm) και Ni (23 ppm). Σε σύγκριση με τη μέση περιεκτικότητα των χημικών στοιχείων στους αργιλικούς σχιστόλιθους (παγκόσμιος μέσος όρος), ο Pb είναι εμπλουτισμένος κατά 11-φορές στη λευκή άργιλο και το As είναι εμπλουτισμένο κατά 3-φορές στην πράσινη άργιλο. Τα ιχνοστοιχεία με μειωμένη περιεκτικότητα στη λευκή άργιλο είναι As, Cd, Cr, Hg, Ni, P, Sb, Se, Te, Tl και Zr, ενώ στην πράσινη άργιλο είναι Cr, Hg, Ni, Sb, Te, Tl και Zr. Όσον αφορά τα

*μορφολογικά χαρακτηριστικά, εντοπίστηκαν διαφορές τόσο στο μέγεθος όσο και στο σχήμα των συσσωματωμάτων μεταξύ της λευκής και πράσινης αργίλου.*

*Λέξεις κλειδιά: Βιομηχανικά ορυκτά, Μικροπορώδεις φυσικές πρώτες ύλες, Ανόργανοι ρυπαντές.*

## **1. Introduction**

Cosmetic products are designed to be placed in contact with external parts of the human body. In these cases they require a consistency suitable for application. Because of their high specific surface area, optimum rheological characteristics and/or excellent sorptive capacity which are being studied by many researchers, clay minerals have been used in several health care formulations (Patel et al., 1986; Christidis et al., 2006; López-Galindo et al., 2007; Viseras et al., 2007; Rathossi et al., 2011; Christidis, 2012). This is because when dispersed in polar solvents, they possess enough viscosity to remain in contact with the application area (Murray, 2000; Carretero, 2002; Silva et al., 2011).

In order to be suitable for topical application, clays must comply with a number of compositional requirements (Galán et al., 1985; López-Galindo and Viseras, 2004). Specifically, they must have low or zero toxicity. Their high adsorption capacity can cause the accumulation of trace elements and some of them are considered as potentially toxic (López-Galindo et al., 2007; Silva et al., 2011). Cosmetics content in European Community is regulated, with EEA relevance, by the EU Regulation 1223/2009-a simplification of the Council Directive 76/768/EEC (EC 2009).

Cosmetic clays are available in various colours (white, green, red, pink, yellow etc.), which reflect differences in mineralogical and organic content. In the present study, white and green clays being commercially available in the Greek market were analysed for their content of As, Be, Cd, Cr, Hg, Ni, P, Pb, Sb, Se, Te, Tl and Zr. Moreover, morphological characteristics were also determined.

## **2. Materials and Methods**

Two commercial cosmetic clays available in pharmacies and herbalist's shops in the Greek market were studied. The samples were studied in their bulk form, as they were already available in powder.

### **2.1. Sample Identification**

According to their colour which is probably affected by the mineralogical composition and organic matter, the clays analysed were classified according to their commercial names in two kinds: white (WC1) and green (GC1).

### **2.2. Chemical Analyses**

The chemical analyses were performed at the Acme Analytical Laboratories (Vancouver, Canada). Trace elements in the clays were extracted using the aqua regia digestion, while their concentrations were determined in all samples by ICP-MS. The elements analysed were selected because their occurrence, as well as their compounds, are excluded in cosmetic ingredients, including clays, by the EU Regulation 1223/2009.

### **2.3. Morphology**

The morphology of the clays in microscale was evaluated with a JEOL J.S.M. 840A scanning electron microscope at the Scanning Microscope Laboratory, Aristotle University of Thessaloniki. The samples were coated with carbon – average thickness of 200 Å– using a vacuum evaporator JEOL-4X.

### 3. Results and Discussion

The health impact of the presence of several trace elements in the natural environment is potentially heavy. Cosmetic clays are commercial products based on natural raw materials, thus they must comply with several regulations concerning their chemical composition. According to EU Regulation 1223/2009, the presence of As, Be, Cd, Cr, Hg, Ni, P, Pb, Sb, Se, Te, Tl, Zr and their compounds in cosmetic ingredients, including clays must be excluded (Table 1).

**Table 1 – Some of the trace elements that occur in the list of substances prohibited in cosmetic products, according to EC Regulation 1223/2009, ANNEX II (EC 2009).**

Reference Number	Chemical Name / INN
40	Sb and its compounds
43	As and its compounds
54	Be and its compounds
68	Cd and its compounds
97	Cr, chromic acid and its salts
221	Hg and its compounds, except those special cases included in Annex V
279	P and metal phosphides
289	Pb and its compounds
297	Se and its compounds with the exception of selenium disulphide under the conditions set out under reference No 49 in Annex III
312	Te and its compounds
317	Tl and its compounds
391	Zr and its compounds, with the exception of the substances listed under reference number 50 in Annex III, and the zirconium lakes, pigments or salts of the colouring agents when listed in Annex IV
1093	Nickel

Significant concentrations of the trace elements mentioned above have been measured in the white and green clay samples (Table 2 and Figure 1). The investigated clays contain 1.2 and 43.2 ppm As (corresponding for white and green respectively), 1.9 and 3.0 ppm Be, <0.01 and 0.27 ppm Cd, 0.7 and 31.1 ppm Cr, <5 and 17 ppb Hg, 0.5 and 23.1 ppm Ni, 330 and 250 ppm P, 220.10 and 30.10 ppm Pb, 0.33 and 0.20 ppm Sb, <0.1 and 0.4 ppm Se, <0.02 and 0.03 ppm Te, 0.23 and 0.47 ppm Tl, 10.6 and 0.6 ppm Zr.

In general, green clay contains higher concentrations than the white clay in all trace elements, apart from Pb, Sb and Zr. The most abundant trace elements of the white clay are P (330 ppm), Pb (220 ppm) and Zr (11 ppm), while for the green clay are P (1250 ppm), As (43 ppm), Cr (31 ppm), Pb (30 ppm) and Ni (23 ppm).

Compared to the average concentration of elements in shales (Shale average) (Turekian & Wedepohl, 1961 and Mason & Moore, 1982) Pb is enriched 11-times in the white clay and As is enriched 3-times in the green clay. When the ratio of an element concentration to that of Shale average is >2 the element is considered to be enriched and when it is <0.5, is considered to be depleted. The depleted trace elements of the white clay are As, Cd, Cr, Hg, Ni, P, Sb, Se, Te, Tl and Zr, while for the green one are Cr, Hg, Ni, Sb, Te, Tl and Zr.

Concerning morphological characteristics in microscale, the white clay (WC1) consists of small aggregates of flaky microparticles (Figure 2a). Single aggregates have a size of about 25µm. The green clay (GC1) shows a different morphology (Figure 2b). It consists of globular aggregates with sizes that exceed 50µm in diameter. However, it appears to be formed by platy particles, similar to the ones observed in the white clay. Yet, Transmission Electron Microscopy (TEM) is able to provide more information concerning the real and detailed morphology of clays.

#### 4. Conclusions

The chemical analysis of the samples revealed that they contain trace elements, whose presence is prohibited in cosmetic products.

Compared to the Shale average, the white clay is enriched in Pb, while the green one is enriched in As. Both kinds of clays are depleted in Cr, Hg, Ni, Sb, Te, Tl and Zr. Moreover, the white one is also depleted in As, Cd, P, and Se.

Concerning morphological characteristics in microscale, white clay consist of small aggregates of flaky microparticles, while green clay consist of globular aggregates.

In any case, further investigation concerning the bioavailability of the trace elements determined in clays used in cosmetics, is essential.

**Table 2 – Trace element content of the studied clay samples (Shale average after Turekian & Wedepohl, 1961 and Mason & Moore, 1982).**

		Detection Limit	WC1	GC1	Shale Average (SA)	WC1:SA	GC1:SA
As	ppm	0.1	1.2	<b>43.2</b>	13	0.09	<b>3.32</b>
Be	ppm	0.1	1.9	3.0	3	0.63	1.00
Cd	ppm	0.01	<0.01	0.27	0.3	<0.03	0.90
Cr	ppm	0.5	0.7	<b>31.1</b>	90	0.01	0.35
Hg	(ppb)	5	<5	17	400	<0.01	0.04
Ni	ppm	0.1	0.5	<b>23.1</b>	68	0.01	0.34
P	ppm	10	<b>330</b>	<b>1250</b>	700	0.47	1.79
Pb	ppm	0.01	<b>220.10</b>	<b>30.10</b>	20	<b>11.01</b>	1.51
Sb	ppm	0.02	0.33	0.20	1.5	0.22	0.13
Se	ppm	0.1	<0.1	0.4	0.6	<0.17	0.67
Te	ppm	0.02	<0.02	0.03	2.2	<0.01	0.01
Tl	ppm	0.02	0.23	0.47	1	0.23	0.47
Zr	ppm	0.1	<b>10.6</b>	0.6	160	0.07	<0.01

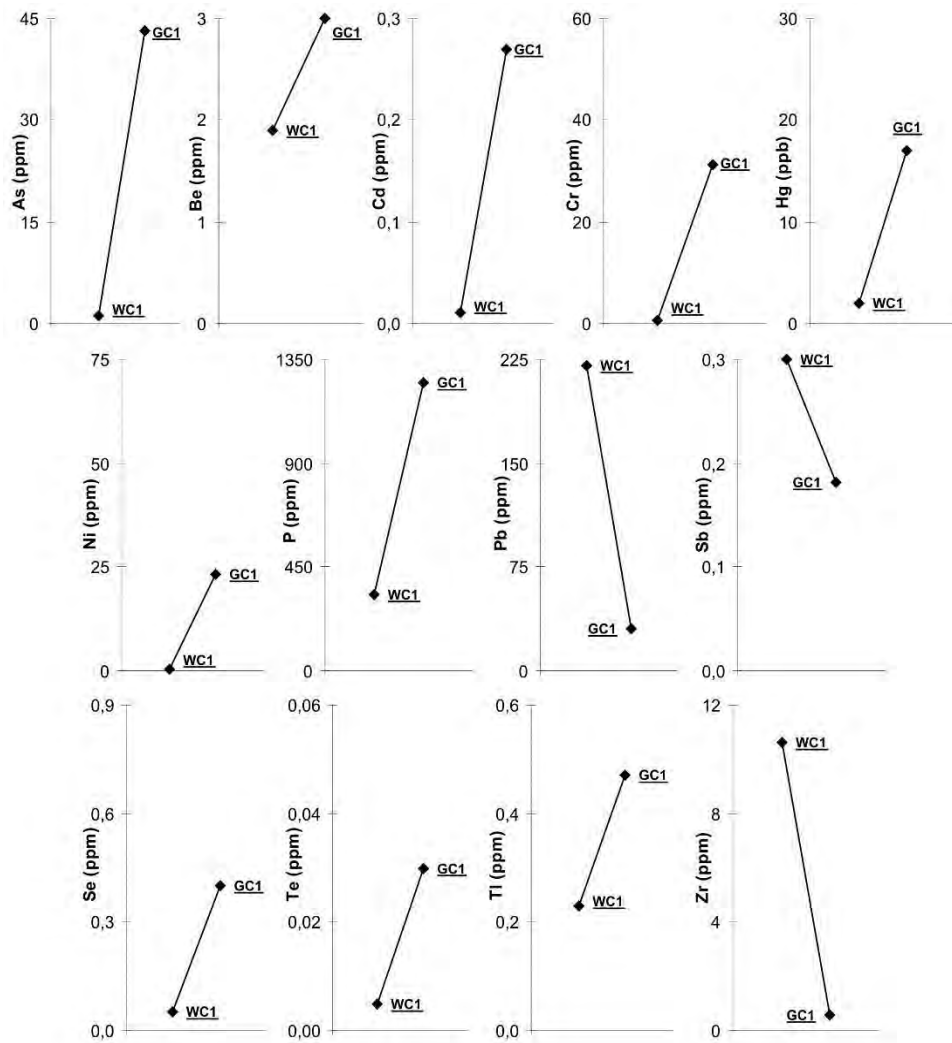


Figure 1 – Variation of trace elements concentrations among the studied samples.

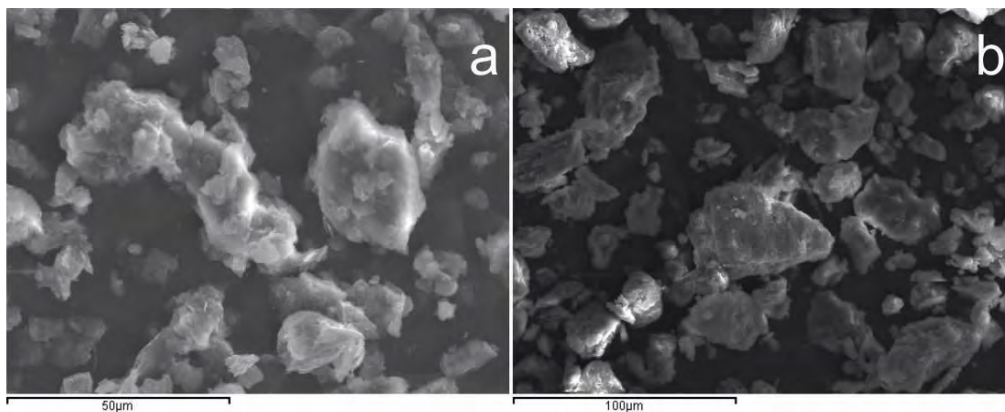


Figure 2 – SEM microphotographs of the studied samples. (a) White clay (WC1) and (b) Green clay (GC1).

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