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Walking on the Sea Traces: Developing a platform to bring Ocean Literacy and Citizen Science at Home

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Contribution to the Special Issue: "Ocean Literacy across the Mediterranean Sea region"

Walking on the Sea Traces: Developing a platform to bring Ocean Literacy and Citizen Science at Home

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Q1_The water in my house.pdf



The water in my house

Please fill in the questionnaire, following the instructions given question by question. We will use these data to collect data and information about your household water consumption.

We need to have the most accurate and reliable DATA possible so we ask you to:

- 1) READ the questionnaire before completing it so that you know which questions we are asking you to answer;
- 2) READ your HOT and COLD water meters (or if you have only one, that's enough) at the beginning of the day before you start using water at home and WRITE them down on a sheet of paper;
- 3) MONITOR DURING THE DAY your water consumption for the various personal needs and for domestic activities considering both your consumption and that of the people living with you;
- 4) READ the meters at the end of the day before going to bed and CALCULATE the daily consumption (e.g. end-of-day reading - beginning-of-day reading);
- 5) TRANSFORM the consumed cubic metres into litres, taking into account that 1 cubic metre = 1000 litres.
- 6) At the end of the day, fill out this questionnaire, entering all the data collected, answering all the questions and specifying the day on which you took the reading.

To facilitate your daily monitoring you could use two TABLES to collect DATA in the bathroom (e.g. brushing teeth, taking a shower, washing hands, etc.) and in the kitchen (e.g. washing dishes, cooking, etc.). Then hang one in the bathroom and one in the kitchen asking the people living with you to mark with a cross each of their uses during the day.

Please note that the questionnaire is absolutely ANONYMOUS and the completion is on a VOLUNTARY basis.

If you have any doubts about the questions please read our FAQ section:

www.waterwewaste.netsons.org/faq

*Campo obbligatorio

What is the day you did the consumption survey in your household? *

GG MM AAAA

__ / __ / __

Can you tell us which municipality you live in? *

La tua risposta _____

And the province as well? *

La tua risposta _____

Can you tell us how old you are? *

La tua risposta _____

And what is your sex? *

Female

Male

Are you aware that the world's fresh water is a finite resource? *

Yes

No



How many people live with you regularly? (include yourself in the number) *

La tua risposta

In case you are female, can you tell us how many other females besides yourself? (exclude yourself from the number)

La tua risposta

In case you are male, can you tell us how many other males besides yourself? (exclude yourself from the number)

La tua risposta

How many times have you bathed in the bathtub? (indicate only the total NUMBER per day) *

La tua risposta

How many quick showers (max. 3-5 minutes) were taken? (only indicate the total NUMBER per day) *

La tua risposta

And how many long showers (more than 5 minutes)? (only indicate the total NUMBER per day) *

La tua risposta



How many times has the toilet been flushed? (only indicate total NUMBER per day) *

	0	1-3	4-6	7-9	10-12	13-15	16-18	> 18
With limiting device	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Without limiting device	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

By the way, are you aware that the flush uses drinking water almost everywhere? *

- Yes, I know but I can't do anything about it
- No, I didn't know that
- Yes, in fact in my house it comes from the rain
- Yes, in fact in my house it comes from the well
- No, but what difference does it make?

How many times was the "bidet" used? (indicate only the total NUMBER per day) *

La tua risposta _____

How many times have you washed your hands? (indicate only the total NUMBER per day) *

La tua risposta _____



How many times have you brushed your teeth? (indicate only the total NUMBER per day) *

	0	1	2	3	4	5	6	7	8
Always letting the water run	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Opening the tap for short moments	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Where in your home does the water you drink come from? *

	Never	Rarely	Often	Very often	Always
Plastic bottle (purchased)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Tap	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Private spring	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Public distribution point	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Glass bottle (purchased)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Public spring	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>



Why do you prefer to use this type(s) of water? (Answer for each type of water you use) *

	It tastes better	It is cheaper	I don't trust other types of water	For convenience/comfort	It is the closest	I'm used to it	I didn't think about it
Plastic bottle (purchased)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Tap	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Private spring	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Public distribution point	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Glass bottle (purchased)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Public spring	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

How many glasses of water were drunk? (indicate only the total NUMBER per day) *

La tua risposta _____

How many times was water used for cooking? (indicate only the total NUMBER per day) *

La tua risposta _____



How many times was water used to wash fruit and vegetables? (indicate only the total NUMBER per day) *

La tua risposta _____

How many times has the dishwasher been run? (indicate only the total NUMBER per day) *

La tua risposta _____

How many times have you washed dishes by hand and how? *

	0	1	2	3	4	5	> 5
Letting the water run	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Turning off the tap when not needed	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>



How many times has this cleaning been done? *

	0	1	2	3
Floors only	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Windows only	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Both floors and windows	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Bathroom sanitaryware	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Kitchen furniture (sink, cooker, wall units, etc.)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

How many times has the washing been done? (indicate only the total NUMBER per day) *

La tua risposta _____

How many times was the laundry done by hand? (indicate only the total NUMBER per day) *

La tua risposta _____

Do you know where the water meter(s) are located in your house? *

Yes

No



Do you know how to read it? *

- Yes, of course. I always do it
- No, I don't know where they are
- I think so, but I've never done it
- No, I have never tried/needed to do it
- No, they won't let me do it
- No, I've never done it, but I can start now
- No, I don't care

Would you please enter your daily water consumption? If you only have one meter, subtract the morning reading from the evening reading and enter the reading by converting the cubic metres IN LITERS (e.g. 1 cubic metre = 1000 LITERS)

La tua risposta _____

If you have two meters, would you enter the daily consumption of COLD water? (Subtract the morning reading from the evening reading and enter the reading by converting cubic metres IN LITERS (e.g. 1 cubic metre = 1000 LITERS)

La tua risposta _____

And also the HOT water reading? (subtract the morning reading from the evening reading and enter the reading converting the cubic metres IN LITERS (e.g. 1 cubic metre = 1000 LITERS)

La tua risposta _____



After this questionnaire, will you be more sensitive to the issue of water? *

- Yes
- No
- May be
- I don't know

What about your consumption and use? *

- Yes
- No
- May be
- I don't know

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How much sea is at your table?

Please fill in the questionnaire in full, following the instructions given question by question. These data will help us to know your habits regarding the consumption of fish products, how much you know about the marine organisms you find in the market and the environment in which they live, and your choices regarding the purchase of these products.

We need to have the most accurate and reliable DATA possible, so we ask you to:

- 1) READ the questionnaire before completing it so that you know which questions we are asking you to answer;
- 2) COMPLETE this questionnaire by answering all the questions and specifying the day on which you did the survey.

To make this easier for you, you can ask the people who live with you to help you collect the data and information requested.

Please note that the questionnaire is absolutely ANONYMOUS and that completion is on a VOLUNTARY basis.

If you have any doubts about the questions please read our FAQs on the website: www.waterwewaste.netsons.org/faq

*Campo obbligatorio

How old are you? *

La tua risposta



Which is your sex? *

Female

Male

When did you fill in the form? *

GG MM AAAA

__ / __ / ____

Can you tell us which municipality you live in? *

Inserire il nome per intero e con la lettera maiuscola

La tua risposta _____

And the province too? *

Inserisci la sigla ufficiale (es. BO, RM)

La tua risposta _____

How many people live with you normally? (include yourself in the number) *

La tua risposta _____



How often you consume seafood? (i.e. fish, crustaceans or molluscs) *

- Never
- Once a month
- Once a week
- Several times a week
- Less than once a month

In which meal do you prefer to consume fish products? *

- Cocktail
- Dinner
- Lunch



What kind of seafood do you mostly consume and how often? *

	Never	Rarely	Enough	Often	Very often
Blue fish (i.e. mackerel, sardine, anchovy)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
White fish (i.e. sole, Red scorpionfish, tub gurnard, hake, mullet)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Molluscs Cephalopods (i.e. octopus, cuttlefish, squid)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Molluscs Bivalvs (i.e. mussels, clams)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Molluscs Gastropods (i.e. snails, purple dye murex)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Crustaceans (i.e shrimp, Norway lobster, caramote prawn)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>



Could you tell us where you get your fish products? And also the reason for your selections? *

	More convenient and faster	Cheaper	I want to talk to the seller	I want to know the origin	More confident about the quality and traceability of fish products	It's where I usually do the shopping	I don't go there
Fishmonger	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Supermarket	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Recreational fishing	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Online	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

What kind of products do you prefer to buy? *

	Never	Rarely	Often	Very often	Always
Fresh loose	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Prepacked fresh	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Ready for consumption	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Prepacked frozen	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Processed (smoked, in oil, dried)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>



What is the most important aspect you consider when buying fish products? *

	Insignificant	Not important	Important	Very important	Fundamental
Color	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Family custom (fish species, weekly habit)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Expiration date	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Freshness	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Environmental impact (origin and fishing gears)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Traceability (label)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Method of production (farmed or fished)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Easy to prepare	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Sizing and portioning	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Prize	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Safety and nutritional quality	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Seasonality	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>



If you buy fresh products, what are the main reasons why you do so?

- They taste better
- I can check quality and origin
- I have doubts about the preservation processes for frozen food and derived products
- They are better from a nutritional point of view
- They are safer from a hygiene and health point of view



What fish products do you mainly buy? *

- Seabream
- Clams
- Mussels
- Squid
- Anchovy, sardine
- Spiny Lobster
- Trout
- Norway lobster
- Salmon
- Cuttle fish
- Sole
- Octopus
- Mantis shrimp
- Swordfish
- Hake, cod
- Mullet
- Prawns
- Sea bass
- Eel
- Tuna
- Pike
- Monkfish
- European lobster
- Turbot
- Razor
- Oysters



- Grouper
- Crab
- Amberjack
- Sea urchin
- Perch
- Tub gurnard

Are you interested in knowing which sea the seafood you buy comes from? *

- Yes
- No

If you answered yes, would you like to tell us why?

La tua risposta _____

If you answered no, do you want to tell us why?

La tua risposta _____

Are you interested in how it is caught/farmed? *

- Yes
- No



If you answered yes, would you like to tell us why?

La tua risposta

If you answered no, do you want to tell us why?

La tua risposta



Would you like to try to identify the usual environment/habitat in which these marine organisms live? *

	Sandy bottom	Muddy bottom	Rocky bottom	Open sea	Coastal waters	River mouth (estuary and delta)
Seabream	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Norway lobster	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Caramote prawn	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Sole	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Mullet	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Cuttlefish	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Clams	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Tuna	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Tub gurnard	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Red scorpion fish	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Anchovy	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Octopus	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Mussels	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Squid	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>



How often do you consume seafood outside the home? (e.g. sushi bars, restaurants, etc.). *

- Never
- Once a week
- Several times a week
- Less than once a month
- Once a month
- Several times a month

Can you tell us why you choose to eat seafood? *

- I like it
- Because it is a light food
- Because I am used to it
- I don't eat it
- For the omega 3 content
- Because I have no alternative
- For the phosphorus and other minerals

Can you clean seafood yourself? *

- Yes, of course
- Yes, but not very well
- No, I don't like to do it
- It depends on the species



At what time of year do you consume most seafood? (multiple choice) *

	Never	Rarely	Often	Very often	Always
Spring	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Summer	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Autumn	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Winter	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Compared to 10 years ago, your consumption of seafood products is... *

- increased because it costs less
- increased because it is good and I like to consume it
- decreased because it is expensive
- reduced because it requires long preparation times
- decreased because I prefer to consume it at restaurants or at seaside resorts
- unchanged
- increased because it is good for my health



Compared to when there was no health emergency, your consumption of seafood is... *

- increased because it is cheaper
- increased because it is good and I like to consume it
- decreased because it is more expensive
- reduced because it requires long preparation times
- decreased because I prefer to consume it at restaurants or at seaside resorts
- unchanged
- increased because I have more time to cook it
- reduced because I only went to the shops closest to my home
- increased because I know it is good for my health

Do you go fishing? *

- Yes, as a hobby
- From time to time
- No, I have never tried
- Yes, for work
- I am against it
- No, I don't like it

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Watch where you throw me!

Hi! In this really unique period, we are all forced to use many plastic materials every day, including masks and gloves, but also more disposable packaging and packages.

We would therefore like to collect data and information on your consumption and your habits regarding the disposal of these materials, what you use and where you throw them once used. We want to understand what is and what will be the impact of plastic waste on the surrounding environment due to this health emergency, and on the marine environment especially in the coming months.

We therefore ask you to:

- 1) COUNT how many and which PLASTIC MATERIALS you threw away during 3 consecutive DAYS of your choice;
- 2) FILL in the following questionnaire by answering all the questions;
- 3) PHOTOGRAPH, if you want, gloves and masks that you find around and that you believe are not disposed of correctly;
- 4) SEND the photos (max 5) to this e-mail address: sosplasticainmare@gmail.com, indicating the date and location where found.

This data collection is absolutely anonymous and carried out on a voluntary basis.

Thanks for your help! For more information go to the website:
<https://sites.google.com/view/camminandosulletraccedelmare/home/english>

*Required field

*Campo obbligatorio

How old are you? *

La tua risposta



What sex are you? *

Female

Male

In which municipality do you live? (e.g. New York) *

La tua risposta _____

Can you tell us your postal code? (e.g. 04364) *

La tua risposta _____

And the day you fill in this form? *

GG MM AAAA

__ / __ / ____

How many people live in your home? (include yourself in the number) *

La tua risposta _____



During this lockdown period, did you increase or decrease your use of the following items? *

	Decreased a lot	Decreased	Remained unchanged	Increased	Increased a lot
Plastic/polystyrene packaging for food	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Films that wrap food	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Films that wrapped around other types of items you bought	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Disposable cutlery, glasses and plates	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Plastic bottles	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Various bags	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Coffee capsules	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Disposable gloves	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Printer cartridges	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Disposable masks	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>



How and where you disposed of this material once used? *

	I throw them in the undifferentiated trash	I throw them directly into the plastic	I get rid of them as soon as possible	I put them in the first trash can I find	I reuse them several times	I wash them
Plastic/polystyrene packaging for food	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Films that wrap food	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Films that wrapped around other types of items you bought	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Disposable cutlery, glasses and plates	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Plastic bottles	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Various bags	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Coffee capsules	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Disposable gloves	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Printer cartridges	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Disposable masks	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>



Please estimate, during 3 days, the quantity of these items that you threw away.

*

	None	Less than 5	5-10	10-20	20-30	More than 30
Plastic/polystyrene packaging for food	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Films that wrap food	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Films that wrapped around other types of items you bought	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Disposable cutlery, glasses and plates	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Plastic bottles	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Various bags	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Coffee capsules	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Disposable gloves	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Printer cartridges	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Disposable masks	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>



In your opinion, in this lockdown period for the Coronavirus health emergency, the contribution of plastic to the environment is... *

- Increased
- It has not changed
- It has changed by type of plastic
- It will increase in the coming months
- I have no idea
- Decreased

What do you think is happening in the sea? *

- Nothing has changed
- Less plastic is entering
- The type of plastic that is entering has changed
- Plastic waste will increase in the coming months
- I have no idea
- More plastic is coming



In the past few years, television, internet, and social networks have spread information on the worrying problem of plastic in the sea. Has this affected your daily behaviour in terms of your use of plastic? *

- I reduced the consumption of mineral water in plastic bottles
- I drink tap water
- I'm not interested in these informations
- I decided to boycott products packed with plastics
- I have not changed habits
- I don't throw bottles and various packaging on the street anymore
- I have decreased use of my washing machine
- I buy unpackaged bulk foods
- I never heard about it
- I started to pay more attention to the items that I can differentiate
- I use cloth shopping bags

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Did you wear the mask?

Hi! In this unique period, in which we are all forced to use daily personal protective equipment (PPE) largely made of plastic materials, we would like to know if and how many you used, what types, and how you disposed of them once used.

We therefore ask you to:

- 1) COUNT how many pairs of DISPOSABLE GLOVES you use during 3 consecutive DAYS of your choice, identifying the material they are made of;
- 2) COUNT how many MASKS you use during 3 consecutive DAYS of your choice, identifying the material they are made of;
- 3) COMPLETE the following questionnaire;
- 4) PHOTOGRAPH, if you want, the gloves and masks that you find around and that you believe are not disposed of correctly;
- 5) SEND the photos (max 5) to this e-mail address: sosplasticainmare@gmail.com, indicating the date and location where they were found.

This data collection is absolutely anonymous and carried out on a voluntary basis.

Thanks for your help! For more information go to the website: <https://sites.google.com/view/camminandosulletracedelmare/home/english> or to the FAQ section: <https://sites.google.com/view/camminandosulletracedelmare/faq/english>

*Required field

*Campo obbligatorio

How old are you? *

La tua risposta



What sex are you? *

Female

Male

In which municipality do you live? (e.g. New York) *

La tua risposta _____

What is your post code? (e.g. 04364) *

La tua risposta _____

Can you indicate the date of compilation of the questionnaire? *

GG MM AAAA

__ / __ / ____

How many people live in your home? (include yourself in the number) *

La tua risposta _____



How many pairs of disposable gloves you use in 3 days and tell us what type are they? (check the type of material they are made of on the packaging) *

	0	1	2	3	4	5	more than 5
PVC gloves (vinyl)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Nitrile gloves	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Latex gloves	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Polyethylene gloves (like those in supermarkets, but NOT biodegradable)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Mater-Bi gloves (like those in supermarkets, but of biodegradable material)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>



How many masks you used over 3 days and tell us what type are they? (check the identification mark on the mask or on the packaging) *

	0	1	2	3	4	5	more than 5
Disposable surgical mask certified as a medical device	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Non-certified "community" mask, in washable fabric	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Self-made mask	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Certified mask as Individual Protection Device with valve	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
"Mason" mask or for accident prevention	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I haven't found indications or acronyms of recognition	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Certified mask as Individual Protection Device without valve	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>



Can you tell us what these acronyms mean? *

	Medical device	Polypropylene	It's a measure of filtering power	Polyethylene terephthalate	Polyvinyl chloride	Individual Protection Device	Styrofoam or Polystyren
PS	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
DPI	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
PP	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
PET	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
FFP1, FFP2, etc...	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
PVC	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
DM	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>



Where did you dispose of gloves and masks once used? *

	Don't agree at all	Partly agree	Agree	Very agree	Absolutely agree
I put them in the first trash can I find, as soon as I finish using them	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I take them home and throw them in the undifferentiated garbage	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I take them home and throw them in the undifferentiated garbage, wrapped in a plastic bag	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I dispose of them, depends on their nature, in recycling bins	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I get rid of them as soon as possible, anywhere	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I wash and reuse them several times	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>



During the lockdown period, we were informed of the possibility that the Coronavirus remains active on various surfaces for longer or shorter times. Can you tell us if and how this news changed your habits? *

	Don't agree at all	Partly agree	Agree	Very agree	Absolutely agree
Whenever possible, I disinfect all items I buy with alcohol or other disinfectants	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Whenever possible, I remove the packaging or the outer wrapping of all the objects I buy before putting them on the shelves/wardrobe /fridge/pantry	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I don't do anything	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I leave my shoes outside of the house	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I wash my clothes every time after having left the house	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I wait a few days before touching the items I buy	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I leave the items I buy outdoors for a while before bringing them inside the house	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I don't order takeaway food	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>



Nothing has
changed in my
habits



The massive use of pre-packed food in plastic, in this emergency period, proved to be... *

	Don't agree at all	Partly agree	Agree	Very agree	Absolutely agree
Useful to give better hygiene to products	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Useless and in addition it increases the dispersion of plastic in the environment	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Useful as an aesthetic and for generating slogans	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Indispensable to contain the spread of the infection	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Useful, but it increases the dispersion of plastic in the environment	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Useless because food doesn't transmit the virus	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Indispensable to avoid the perishable nature of the food	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>



Do you work in the medical/health sector? *

Yes

No

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