

Open Schools Journal for Open Science

Vol 8, No 2 (2025)

Vol. 8 No. 2 (2025): Open Schools Journal for Open Science - Special Issue -IDEA Conference Proceedings



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doi: [10.12681/osj.43790](https://doi.org/10.12681/osj.43790)

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To cite this article:

Georgakopoulos, S., & Boutsikos, A. (2025). SMART HOMES: TECHNOLOGY AND SUSTAINABILITY. *Open Schools Journal for Open Science*, 8(2). <https://doi.org/10.12681/osj.43790>

SMART HOMES: TECHNOLOGY AND SUSTAINABILITY

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Abstract

Smart homes are reshaping the way we live by offering automation, increased security, energy efficiency, and environmental sustainability. Using interconnected devices and intelligent systems, smart homes provide a convenient, responsive, and eco-friendly lifestyle. This presentation explores the types of smart home technologies, their benefits, challenges, and how they contribute to sustainable living, while also highlighting trends shaping the future of smart living.

Keywords: Smart homes, automation, sustainability, energy efficiency, Internet of Things (IoT)

1. Introduction

Smart homes integrate automation, communication, and control systems to create environments that are energy-efficient, secure, and convenient. Devices can be controlled remotely through apps or voice assistants, making homes more adaptable and personalized. Our presentation examines the key technologies behind smart homes, their sustainable benefits, and the challenges of adoption.

2. Structure

- Introduction to Smart Homes
- The Modern Smart Home
- Types of Smart Home Devices
- Smart Home Energy Efficiency
- Benefits of Smart Home Technology
- Environmental Benefits of Smart Homes
- Smart Home Integration Proposal
- Challenges and Considerations
- Future Trends in Smart Home Technology
- Conclusion
- References

3. Types of Smart Home Devices

A smart home typically consists of several types of devices working together. The smart hub acts as the central control unit, coordinating all connected gadgets. Internet of Things (IoT)

devices include smart thermostats, lights, and appliances that communicate with the hub. Mobile apps allow users to control and monitor their homes remotely, while sensors detect motion, temperature, and other environmental changes to enable responsive automation.

4. Smart Home Energy Efficiency

Smart thermostats automatically adjust temperatures to optimize energy savings. Smart lighting systems use sensors and timers to minimize unnecessary power consumption. Energy monitoring tools provide real-time data, empowering homeowners to make informed decisions that promote conservation.

5. Benefits of Smart Home Technology

Smart home technology offers numerous advantages. It brings convenience by automating everyday tasks such as turning on lights or brewing coffee. Security is enhanced through real-time monitoring, alerts, and the ability to lock doors remotely. Moreover, energy efficiency is improved as systems optimize usage based on occupancy and specific needs.

6. Environmental Benefits of Smart Home Technology

Beyond convenience, smart homes contribute positively to the environment. Energy savings translate to lower utility bills and reduced resource consumption. Smart irrigation systems conserve water by adjusting watering schedules to actual need. By lowering energy use, smart homes help reduce carbon emissions and dependence on fossil fuels.

7. Smart Home Integration Proposal

To maximize the benefits of smart home technology, it is recommended to install smart thermostats that learn user preferences and optimize usage accordingly. Implementing smart lighting can significantly cut down on unnecessary electricity use through automation. Additionally, integrating smart irrigation systems that adjust watering based on weather and soil conditions can further enhance efficiency.

8. Challenges and Considerations

Despite its advantages, smart home technology presents some challenges. The complexity of setup and configuration may require professional assistance. Compatibility issues can arise since devices from different brands might not seamlessly integrate. Security concerns are paramount, as internet-connected devices are vulnerable to hacking, making robust cybersecurity essential.

9. Future Trends in Smart Home Technology

Looking ahead, AI and machine learning will enable homes to learn and adapt more intelligently to residents' habits. Sustainability will be prioritized with the use of solar panels, energy-efficient appliances, and eco-friendly systems. Increased interconnectivity will create unified smart ecosystems, enhancing ease of use and automation.

10. Conclusion

Smart home technology drives efficiency by saving money through smart resource use. It positively impacts the environment by helping to reduce the carbon footprint. As technology advances, smart homes promise to benefit both individuals and the planet, signaling continued growth and innovation in this space.

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