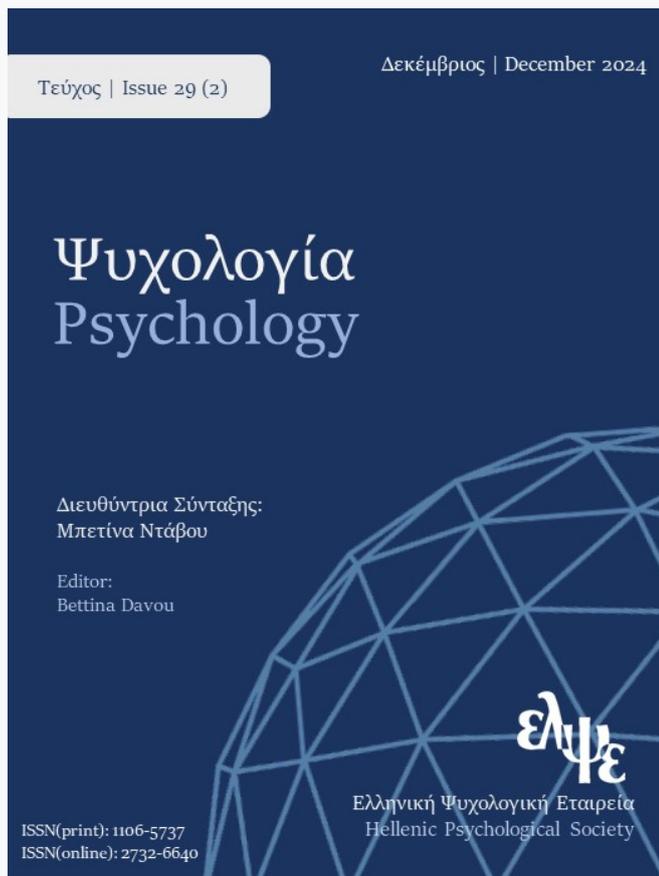


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An investigation into the relationship between stress mindset and stress responses: The role of coping mechanisms

Anna Bevevegka, Nina Smyth

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Supplemental Materials

Online form of the survey:

https://westminsterpsych.az1.qualtrics.com/jfe/form/SV_6RlljsaLK49OXXL

SPSS output

Mediation analysis

Run MATRIX procedure:

```
***** PROCESS Procedure for SPSS Version 3.5
*****
```

```
                Written by Andrew F. Hayes, Ph.D.          www.afhayes.com
                Documentation available in Hayes (2018).
                www.guilford.com/p/hayes3
```

```
*****
*****
```

```
Model   : 4
  Y      : INT
  X      : TSM2
  M1     : APP
  M2     : AVD
```

```
Sample
Size:   201
```

```
*****
*****
```

```
OUTCOME VARIABLE:
  APP
```

Model Summary						
	R	R-sq	MSE	F	df1	df2
p	.0827	.0068	36.4623	1.3717	1.0000	199.0000
	.2429					

Model						
	coeff	se	t	p	LLCI	
ULCI						
constant	33.9163	1.2029	28.1955	.0000	31.5442	
	36.2883					
TSM2	.8465	.7227	1.1712	.2429	-.5787	
	2.2716					

```
*****
*****
```

```
OUTCOME VARIABLE:
  AVD
```

Model Summary						
	R	R-sq	MSE	F	df1	df2
p						

.1752 .0307 26.5120 6.2983 1.0000 199.0000
 .0129

Model

	coeff	se	t	p	LLCI	
ULCI						
constant	29.3825	1.0257	28.6459	.0000	27.3599	
31.4052						
TSM2	-1.5466	.6163	-2.5096	.0129	-2.7618	-
.3314						

OUTCOME VARIABLE:

INT

Model Summary

	R	R-sq	MSE	F	df1	df2
p						
	.4305	.1853	.2289	14.9372	3.0000	197.0000
.0000						

Model

	coeff	se	t	p	LLCI	
ULCI						
constant	2.9188	.2644	11.0384	.0000	2.3974	
3.4403						
TSM2	-.3089	.0586	-5.2718	.0000	-.4245	-
.1933						
APP	-.0087	.0057	-1.5204	.1300	-.0201	
.0026						
AVD	.0186	.0067	2.7560	.0064	.0053	
.0319						

***** TOTAL EFFECT MODEL

OUTCOME VARIABLE:

INT

Model Summary

	R	R-sq	MSE	F	df1	df2
p						
	.3875	.1501	.2364	35.1507	1.0000	199.0000
.0000						

Model

	coeff	se	t	p	LLCI	
ULCI						
constant	3.1683	.0969	32.7093	.0000	2.9773	
3.3593						
TSM2	-.3450	.0582	-5.9288	.0000	-.4598	-
.2303						

***** TOTAL, DIRECT, AND INDIRECT EFFECTS OF X ON Y

Total effect of X on Y

Effect	se	t	p	LLCI	ULCI
-.3450	.0582	-5.9288	.0000	-.4598	-.2303

Direct effect of X on Y

Effect	se	t	p	LLCI	ULCI
-.3089	.0586	-5.2718	.0000	-.4245	-.1933

Indirect effect(s) of X on Y:

	Effect	BootSE	BootLLCI	BootULCI
TOTAL	-.0361	.0169	-.0723	-.0070
APP	-.0074	.0097	-.0318	.0066
AVD	-.0287	.0156	-.0636	-.0033

***** ANALYSIS NOTES AND ERRORS *****

Level of confidence for all confidence intervals in output:
95.0000

Number of bootstrap samples for percentile bootstrap confidence intervals:
5000

----- END MATRIX -----